

Tiger Basketball News

Pre-Season 2009-2010

Orange Cards

In order to practice all athletes must have received and Orange Card from the office. Athletes who were not out for a fall sport should see Julie Klein in the office right away to find out what paperwork they need to turn in (including an athletic physical).

Fall sport athletes must have all gear turned in for that sport to receive their orange card back.

Open gyms

Watch the board outside of Coach Mays's room for dates and times of open gyms. It is very important that you get a basketball in your hands before practice begins.

Little Girls Hoops

Tiger Hoops begins this Sunday November 1, at 1:30pm at HMS. This is for grades 3-8. Any high school girl who wants to help is welcome. It's a good time to get a basketball in your hands and the little girls love it when you guys are there.

This Sunday I need help running a free throw contest for the girls while I talk to their parents. See Coach Mays if you can help.

Practice Jerseys

If you still have your practice jersey from league play this summer, turn it into Coach Mays by next Wednesday November 4. This way coach can plan for practice this year.

Team division

Remember that this season we are going to divide teams differently. We'll keep the top 22-26 girls from ninth grade to senior with the varsity at practice. These girls will make up the varsity, JV and reserve A teams. The reserve A will play the old sophomore schedule and will include 9th and 10th graders only. All juniors and seniors will be on this squad.

The remaining freshmen and sophomores will practice with Coach Osgood's reserve B and C teams. These teams will play the old freshmen schedules.

Parent Meeting

We will have a meeting for all parents and players in the lecture hall on Thursday November 12 at 7pm in the HHS Lecture Hall. We will review all team policies and rules. Please make every effort to attend.

Fundraising

Each Tiger Basketball player is asked to fund-raise \$30 to help the program. Money raised by the girls helps feed the teams on road trips, replace needed pieces of practice gear, and cover the other small costs that the school budget doesn't. **See the Fundraising Handout included with this information for more details.**

From the Athletic Director

Coach Holliday wanted me to remind all basketball players of these important school policies:

Be aware of our training rules in the player's handbook. All players must attend the last 3 periods of each athlete's day in order to attend practice.

All players must attend the entire day of school in order to participate in a game.

Unexcused absences will result in an automatic suspension from the next game.

All athletes must have an orange card procedure before practicing. See Julie in the office to complete that process.

Check the highschoolsports.net web site to keep updated on postponements and cancellations.

Basketball Information on the Web

For schedules and updated cancellation and postponement news, see [**HighSchoolSports.Net**](http://HighSchoolSports.Net).

For team information see [**HastingsTigerBasketball.com**](http://HastingsTigerBasketball.com)

Basketball T-shirts

Last year we ordered team shirts to wear on game days or for travel. If any players have ideas of what kind of shirts we should order this year, see Coach Mays right away so he can initiate plans with the printer.

Last year we got long-sleeve black t-shirts. What do we want this year? Do we want to order again? Last year, I think they were \$11 each.